

40km CYCLE MAP

ATHY



5 KM Cycle Distance Marker

A Waypoints

B Landmarks

TRANSITION ZONE Transition Zone

Swim Route

Cycle Route

Run Route

T1 EXIT

6.5 km **A** LEFT Turn

11.0 km **B** RIGHT Turn

15.4 km **C** U-Turn

19.3 km **D** SHARP LEFT Turn

21.5 km **E** SHARP RIGHT Turn

23.2 km **F** LEFT Turn

26.3 km **G** LEFT Turn

30.0 km **H** U-Turn

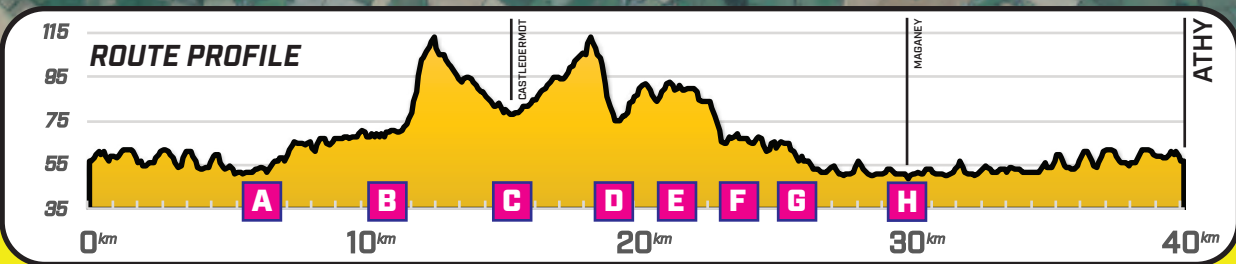
ENTER T2 40.0 km

BEWARE OF HARD LEFT TURN ON DOWNWARD SLOPE

BEWARE OF ACUTE RIGHT TURN ON DOWNWARD SLOPE

TAKE EXTRA CAUTION AT THIS BUSY COURSE JUNCTION.

BEWARE OF RUNNERS ON RETURN TO ATHY



TRIATHLY

FORTITUDINE-VINCIMUS

4/5 SEPTEMBER 2021